

McADAM ELEMENTARY SCHOOL

MONTH: APRIL 2024

Manners Excellence Safety

Well, we had some good weather and things were looking like they were going to warm up, but then, all of a sudden, winter decided to pay us one last visit. It will get warmer.....we promise! With the warmer weather, it gets messy. There will be a lot of mud and puddles. The students will need to stay off the field until it gets a little more dry and the grass gets a chance to grow.

1 000 000 Thank You's

A HUGE shout out to the Village of McAdam (\$20 000) and to Scotiabank (\$3000) for their donations to help out with the Playground Project. The MES community can't thank them enough. These donations will get us that much closer to having a new playground. It is an uphill battle to get there but they just helped us skip many steps! The community support in McAdam is second to none. It literally "takes a village". 😊

Solar Eclipse

On April 8, 2024, a spectacular total solar eclipse will be visible around 4:33 pm, in our area. Students will be dismissed 3 hours early on this day to allow students to safely arrive at their after-school destinations before the eclipse begins. **K-2 will be dismissed at 10:50 am and Gr 3-5 will be dismissed to 11:50 pm.** It is crucial to ensure that your children view the eclipse safely to protect their eyes from harm. **NEVER LOOK DIRECTLY AT THE SUN** without proper solar viewers! By following these safety guidelines, you can make sure your kids have a fun and safe time during this amazing event.

Chase The Ace

As you may know, The Chase The Ace is up and running. The pot is already getting close to \$10 000. By the end of April it will be over \$10 000 (hopefully). You can get your tickets at the school, The Gun Dealer, Cook's and McAdam Home and Building Centre (Rhonda's). MES is lucky to be one of the organizations that gets the proceeds. All of the money collected will be going to the Playground Project.

Heart Healthy Schools

This month we are focusing on **the Rest & Recharge Challenge**. Students will need to focus on bedtime routines that promote restful sleep and we will be working on relaxation and mindfulness techniques. Along with this is reduced screen time. Research has proven that reducing screen time enhances longer sleep time. This is a challenge that is important to us at MES. Instead of screens, the students could be outside enjoying the fresh air. As well, we will practice some breathing strategies and find ways to be present and mindful.

Java Moose Fundraiser



Our Java Moose fundraiser is back this month! **It will start on Tuesday, April 16** and will run for two weeks. We will be selling 8 delicious flavours of coffee, including Canadian Maple and Butter Rum Fudge! Each flavor is available in whole bean form, ground coffee or k-cups. We've had great success with this fundraiser in the past and we hope for the best with this one. Our goal for this year's fundraiser is to raise \$1500 for our playground project. **Order forms and payments must be returned to the school by Tuesday, April 30th.** There will be prizes for the top two sellers! Here's your chance to help raise money for our new playground and treat yourself or someone else to freshly roasted coffee goodness. Who doesn't LOVE a good cup of coffee?!

Gr. 5 Maple Syrup

Mr. Cousins usually takes on some special projects with the grade 5s in the school. They are great leaders and role models and with that comes some responsibility. This year they tapped several maple trees and boiled the sap down to make maple syrup. The students were very involved in this project. They helped tap the trees, check the buckets, gather the sap, filter the sap, boil the sap (with supervision) and bottle the final product. It was a great project and the students were AMAZING!

McADAM ELEMENTARY SCHOOL

MONTH: APRIL 2024

Manners Excellence Safety



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Happy Easter 	1 No School Easter Monday	2  World Autism Day  Village Recycling Day Nuggets Lunch	3  Smoothie Day	4 Pizza Lunch 	5	6
7 World Health Day	8 Early Dismissal for students K-2 – 10:50am 3-5 – 11:50am  Solar Eclipse at 4:33 pm	9 Nuggets Lunch	10  Muffin Day	11 Report Cards go home Pizza Lunch 	12	13
14	15 No School for students Parent-Teacher Interviews (8:30-11:30am)	16 Coffee Fundraiser starts  Nuggets Lunch	17  Smoothie Day	18 Pizza Lunch 	19	20
21	22 Happy Earth Day 	23 PSSC / Home & School Meeting @ 4:30 Nuggets Lunch	24  Muffin Day	25 Fill Up The Truck Thursday  Pizza Lunch 	26	27
28	29  Village Recycling Day	30 Java Moose orders and \$ due Nuggets Lunch	<div style="background-color: red; color: white; padding: 10px; border: 2px solid black;"> Heart Healthy Schools Challenge #2 Rest and Recharge Challenge – Apr 22nd – 26th </div>			

Upcoming Events:

- May 3 – No School for students
- May 13 – No School for students
- May 20 – Victoria Day (No School)

