

McADAM ELEMENTARY SCHOOL

MONTH: OCTOBER 2024

Manners Excellence Safety



The playground is starting to come together. In no time it will be done and the kids will be so excited to have new equipment to play on. This has been a HUGE project for MES and the Village of McAdam. So many people/businesses have donated and helped out with this undertaking and we are VERY APPRECIATIVE! Stayed tuned as we will have a GRAND OPENING announcement.

Cross Country

Cross country has started for grades 3-5. The students have been practicing at recess and they have been working hard. It is always tough at first because their bodies aren't used to running long distances. The first race will be at the McAdam Campground on Oct. 2nd at 10:00am. There will also be a race at Harvey Elementary. We are just waiting for confirmation on the date. **District Finals are at Nasis Middle School on Oct. 9th.** There is another meet scheduled after that in Nackawic Elementary on Oct. 11th.

Wits

We are using the WITS program again this year. The goal of this program is to help students deal with conflict when it happens. We are pleased to have Lisa Willimas from the RCMP visiting our school again this year to talk to our students about using their WITS. We will have lessons all year long to promote this Conflict Resolution Program. Ask your child about the program!



Terry Fox Fundraiser

Our Terry Fox Fundraiser for Cancer Research starts October 1st. Students have been learning about who Terry Fox was and what he stood for. This is a great cause and MES is glad to support it. Our goal is \$500 this year and we would love your support. Students will be earning prizes for each level of \$100 raised. Donations are being collected each day at school and donations can be made online, as well. It is wonderful to see our students and families supporting such an inspiring event.

School Picture Day

School pictures have been scheduled for **Monday, October 21st**. Students are asked to wear their best smile!



Lakeland Foodbank Donations

MES has started collecting food for the food bank. While all items are appreciated, **the following items are especially needed at this time: school snacks, Mr. Noodles, canned pastas, stuffing mix, sugar, salt, flour, condiments, toiletries, toilet paper and dish soap.** We will be sending items to Lakeland on October 9th. Let's show our MES giving spirit by filling boxes for our local foodbank.

Chase The Ace

We are still chasing down the ace. So far, we have 46 cards left and the pot is over \$8500. With Christmas only a few months away, it sure would be nice to have those winnings. We are hoping that the ace can hide for longer this time. It was great that the pot was over \$16 000 last time, and we would love to see it get over \$50 000 this time around. All the proceeds are going to the Playground Project. We are close to completion but not quite there yet.

More Physical Activity and Less Screen Time

At MES, we have increased our PE time by 5 minutes each class. We feel that students need to be physically active and there are so many physical, emotional and mental benefits. We have been trying to give students more activities and opportunities. This is also something that you can help out with at home. During this time of year, it is always great to get out and go for a walk and see all the beautiful fall colours.

Screen time is always a concern when it comes to the mental health and wellbeing of children (and adults). It is recommended that children have less than 2 hours of screen time per day. Let's work together to find healthy alternatives to screen time. With winter just around the corner, try to get out and enjoy Mother Nature while we can.

Halloween at MES

For Halloween day at school students may wear a costume. However, they are not permitted to wear a mask or face paint. Thank you for your cooperation with this.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Lakeland Food Donations will be collected until Oct. 9th		1 Nugget Lunch	2 Cross Country meet at McAdam Campground Smoothie Day	3 Pizza Lunch 	4 Terry Fox Walk Assembly	5 World Teacher's Day	
6  Oct 6 - Oct 12	7	8 Nugget Lunch	9 Cross Country District Finals Muffin Day 	10 World Mental Health Day Pizza Lunch 	11 Cross Country meet in Nackawic	12	
13	14 NO SCHOOL  Thanksgiving	Registration for Kindergarten Students entering in 2025-2026				18	19
20 Safe Schools Week Oct 21-25	21 School Picture Day 	22 PSSC/Home & School Meeting @ 4:30 Nugget Lunch	23 Canadian School Library Day Muffin Day 	24 Pizza Lunch 	25 International Artist Day	26	
27 	28	29  Nugget Lunch	30 Wear a costume (No masks or face paint)  Smoothie Day	31 Fill Up the Truck Thursday  Happy Halloween  Pizza Lunch 			

UPCOMING EVENTS:

- November 8 - PL Day for Teachers – No School for Students
- November 11 - Remembrance Day Holiday – No School
- November 22 - PL Day for Teachers – No school for Students

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