

McADAM ELEMENTARY SCHOOL

MONTH: FEBRUARY 2026

Motivate Explore Support



February is here and with it comes lots of seasonal fun and important reminders! Valentine's Day is just around the corner, and our classrooms are buzzing with kindness, friendship, and celebration.

As the winter weather continues, please make sure students are dressed warmly each day. Hats, mittens, snow pants, and waterproof boots help keep everyone comfortable and safe during outdoor play. We are making the most of the season by enjoying sliding with our crazy carpets—always a highlight for students!

Although the temperatures are still chilly, we know that warmer days are on the way. Spring will be here before we know it!



Grades 2 & 5 Candygram Fundraiser

We're excited to share that our Valentine's Candygram fundraiser is back! Mrs. Glaspy's class and the Gr. 5 students will be running the fundraiser. **Students can purchase a Candygram for \$3, which includes a Crush pop and a chocolate treat.** Candygrams will be on sale **February 9–13, from 8:00–8:25 a.m.** in Mrs. Gaynor's room. All Candygrams will be delivered later in the day, and we will ensure the pop is sent home with each child. Funds raised from this event will go directly toward purchasing decorations for our Christmas Concert. Thank you for supporting this sweet fundraiser and helping make our school events even more special!



Skating

It has been wonderful to see our students learning to skate and gaining confidence on the ice. We are truly impressed by their resilience and the effort they put in each week. A big thank-you goes out to our volunteers who have been helping tie skates. Your support makes these sessions run smoothly. We are hoping to continue skating at least once a week, as long as the temperatures cooperate.

Please make sure that students come with extra gloves or mittens, as their mitts get wet at recess and then they don't have dry mitts for skating. Thank you for helping us make skating an enjoyable and safe experience for everyone!



Spirit Week

Spirit Week is the last week before March Break. Each day will have a theme, and they are noted on the calendar. We will also be playing class bingo where each class gets one bingo card and the winning class will get a prize.

PINK SHIRT DAY

FEBRUARY 25, 2026

On **Pink Shirt Day**, our school will join others across the country in promoting kindness, inclusion, and standing up against bullying. Students and staff are encouraged to wear **pink** to show their support for creating a safe, welcoming environment for everyone. This day is a great opportunity to remind students that even small acts of kindness can make a big difference in our school community. Thank you for helping us foster a positive and caring atmosphere.

Bullying vs. Conflict

It's important for students and families to understand the difference between **conflict** and **bullying**. Conflict is a normal part of growing up—it's a disagreement or argument where both students have equal power and are working through a problem. **Bullying**, on the other hand, involves a **power imbalance** and is **repeated, intentional** behaviour meant to hurt, harm, or humiliate someone. Recognizing this difference helps us support students effectively and teach them the skills they need to resolve conflicts in healthy ways while also ensuring bullying is addressed quickly and appropriately.

WITS Program Leadership

Our school continues to make great use of the **WITS Program** to help students learn positive strategies for solving conflicts and responding to bullying. We are proud of **Mrs. MacIntosh and our Grade 4 and 5 students**, who have taken on a leadership role in teaching the younger classes how to use these important skills. Their guidance is helping students learn when to *Walk away, Ignore, Talk it out, and Seek help*. It's inspiring to see our older students modeling calm, respectful problem-solving and helping build a safer and more supportive school community for everyone.

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<http://mcadames.nbed.nb.ca/>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Candygrams are on sale for \$3.00 from Monday, Feb 9th to Friday Feb. 13th.</p> <p>Don't miss out on the chance to make someone's day! </p>						Black History Month
1	 Village Recycling Day  U9 Bball Practice 5:00-6:00	3 Nuggets Lunch U11 Bball Practice 5:00-6:00	4  Muffin Day Subs Lunch U9 Bball Practice 5:00-6:00	5 Pizza Lunch U11 Bball Practice 5:00-6:00	6	7
8	 Candy-Grams for sale all week WITS Lesson U9 Bball Practice 5:00-6:00	 Safer Internet Day Nuggets Lunch U11 Bball Practice 5:00-6:00	 Smoothie Day  Subs Lunch U9 Bball Practice 5:00-6:00	 Pizza Lunch U11 Bball Practice 5:00-6:00	 	14  Valentine's Day
	16 Family Day  No School	17 Random Acts of Kindness Day Nuggets Lunch	18 Eggs for Breakfast Subs Lunch U9 Bball Practice 5:00-6:00	19 Fill Up The Truck Thursday  Pizza Lunch	20 National Heritage Day	21
22 MES Spirit Week  World Thinking Day	23 MES Monday  WITS Lesson U9 Bball Practice 5:00-6:00	24 Tropical or Tie-Dye Tuesday  Nuggets lunch	25  Smoothie Day  Subs Lunch U9 Bball Practice 5:00-6:00	26 HAT DAY  Pizza Lunch	27  Assembly	28

UPCOMING EVENTS:

- March 2-6: March Break
- March 17: St Patrick's Day
- March 13: PL Day – No school for students

